

MON

CHILDREN BEGINNERS

5:00 PM – 5:45 PM

ADULT BEGINNERS

6:00 PM – 7:00 PM

ADULT INTERMEDIATES/ADVANCED

7:00 PM – 8:00 PM

TUE

CHILDREN INTERMEDIATES/ADVANCED

5:00 PM – 6:00 PM

ADULT INTERMEDIATES/ADVANCED

6:00 PM – 7:00 PM

ADULT BEGINNERS

7:00 PM – 8:00 PM

FIGHTERS (INVITE ONLY)

8:00 PM – 9:00 PM

WED

CHILDREN BEGINNERS

5:00 PM – 5:45 PM

ADULT BEGINNERS

6:00 PM – 7:00 PM

ADULT INTERMEDIATES/ADVANCED

7:00 PM – 8:00 PM

THU

CHILDREN INTERMEDIATES/ADVANCED

5:00 PM – 6:00 PM

ADULT INTERMEDIATES/ADVANCED

6:00 PM – 7:00 PM

ADULT BEGINNERS

7:00 PM – 8:00 PM

FIGHTERS (INVITE ONLY)

8:00 PM – 9:00 PM

FRI

ADULT BEGINNERS

6:00 PM – 7:00 PM

ADULT SPARRING

7:00 PM – 8:00 PM

SAT

CHILDREN BEGINNERS

10:00 AM – 10:45 AM

CHILDREN INTERMEDIATES/ADVANCED

11:00 AM – 12:00 PM

ADULT BEGINNERS

12:00 PM – 1:00 PM

ADULT INTERMEDIATES/ADVANCED

1:00 PM – 2:00 PM

SUN

CLOSED